

JULY - TD/EC & EL Combined Snack Menu: AM & PM & CH

M O N D A Y	T U E S D A Y	W E D N E S D A Y	T H U R S D A Y	F R I D A Y
1 AM - Yogurt, Granola, Berries PM - Tortilla Chips, Guacamole CH - Multi-grain Crackers, Grapes	2 AM - Hard Boiled Eggs, Cucumber, Crackers PM - Pretzels Crisps, Melon CH - Veggies Straws, Apples	3 AM - Oatmeal, Milk, Blueberries PM - Turkey Slices, Cheese, Celery CH - Pita Chips, Edamame	4 SCHOOL CLOSED NO CAMP AVAILABLE	5 NO SCHOOL NO CAMP AVAILABLE
8 AM - Oatmeal, Cranberries, Milk PM - String Cheese, Multi-grain Crackers, Tomatoes CH - Nutri-grain Bars	9 AM - Cottage Cheese, Mangoes PM - Fig Bars, Edamame CH - Wheat Thins, Orange Slices	10 AM - Cheerios, Dried Cranberries, Milk PM - Hummus, Pita Chips, Carrots CH - Popcorn, Kiwi	11 AM - English Muffins, Soy Butter, Apples PM - Tortilla Chips, Salsa CH - Mozzarella Balls, Cucumber	12 AM - Grilled Cheese Sandwich, Watermelon PM - Cheese Slices, Crackers, Celery CH - Waffles, Grapes
15 AM - Yogurt, Granola, Blueberries PM - Rice Crackers, Edamame CH - Fig Bar, Orange Slices	16 AM - Chex Mix, Milk, Pears PM - Egg Salad, Celery, Crackers CH - Aussie Bites, Cucumber	17 AM - Cinnamon Raisin Bread, Soy Butter, Grapes PM - Babybel Cheese, Peas CH - Veggie Straws, Kiwi	18 AM - Tuna Salad w/Celery Sandwich PM - Pretzel Crisps, Banana CH - Triscuit, Carrots, Ranch	19 AM - English Muffin Pizza, Bell Pepper PM - Popcorn, Watermelon CH - Veggie Crisps
22 AM - Waffles, Strawberry Jam PM - Babybel Cheese, Snap Peas CH - Snack Mix, Melon	23 AM - Cottage Cheese, Mix Berries PM - Crackers, Peas & Carrots CH - Rice Cakes, Whipped Cream Cheese, Strawberries	24 AM - Wheat Thins, Apples PM - String Cheese, Cucumber CH - Blueberry Muffins, Milk	25 AM - Mix Cereal, Blueberries, Milk PM - Hard Boiled Eggs, Crackers, celery CH - Tortilla Chips, Guacamole	26 AM - Raisin Bread, Cream Cheese, Clementines PM - Cheese & Bean Quesadillas CH - Pasta Salad (Tomatoes, Cucumber, Olives, Cheese)
29 AM - Pancakes, Pineapple, Milk PM - Pita Bread, Bell Pepper, Hummus CH - Bagel Chips, Grapes	30 AM - Hard Boiled Eggs, Crackers, Melon PM - Popcorn, Edamame CH - Crackers, Apples	31 AM - Nutri-grain bar, Carrots PM - Chicken Salad Sandwich, Orange Slices CH - String Cheese, Melon	1 AM - Triscuit, Pears PM - Pita Chips, Snap Peas, Hummus CH - Pretzels, Cantaloupe	2 AM - Bagels, Cream Cheese, Apples PM - Celery, Raisin, Soy Butter CH - Crackers, Pineapples

Note: The beverage is water unless otherwise noted. PM Snack is prepared for Toddler & Early Childhood classrooms only. Snack Mix is Goldfish, Pretzels, Cheerios, Raisins. Menus are subject to change without notice.